



CEDAR NEWS

DISCOVER JESUS
 DISPLAY LOVE
 DEVELOP SELF



FROM THE PRINCIPAL
 - with permission from Jenny Marshall

Term 3, Week 4 - August 16, 2018

Jenny's Journey

In the life of our school, there are times when we love to celebrate happy occasions with our staff. We celebrate exciting times of engagements, weddings and births. However, from time to time we also have staff members who face significant health challenges. **This is when you see the genuine love and support of the staff, for one of their own.** Our staff are a close knit family, and because of this I believe that students get the very best from us. They watch and observe how we care for one another. My staff are wonderful role models and Jenny Marshall is a great example of that.



Many of you would know Jenny Marshall, who coordinates our Primary School CLIC department.

A much loved staff member, Jenny has been with Cedar since the very early days and has always been incredibly faithful in her work and service to the school. Unfortunately, Jenny has recently been diagnosed with breast cancer and has started a journey of varying treatments to battle this disease. Jenny has already had surgery and is about to start six months of chemotherapy and then radiotherapy.

Jenny will come in to work as she is able to, but of course this will depend on how well she is travelling with her treatment and also her immunity. While Jenny is going through chemo, her immunity levels will dramatically drop. Because of this, she will need to be careful of being in close contact with students, as a minor cold for a child could mean far worse consequences for Jenny, and this could also impact and delay treatments. We all want to keep her as well as possible throughout the coming months. Jenny's husband Bruce also works at the school (Maintenance Manager) and has hero status with everything he manages to accomplish around the school.

Our CLIC department is in very good hands with Ainslie Fehlberg, Elaine Priest and Joanne Thorpe filling in for Jenny, and they are doing an excellent job! **I am sure you would like to join together with us as we offer our love, thoughts and especially prayers for Jenny, Bruce and their family, throughout the coming year.**

"So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand." - Isaiah 41:10

Mr Peter Thomson, Principal

IMPORTANT DATES TERM 3

Week 2	AUGUST
Fri 17	Senior Boys Basketball KO Finals
Fri 17	Year 10-12 various students @ Australasian Community Church
Fri 17	Year 11 & 12 UniSA Session
Week 5	AUGUST
Mon 20	Year 4/5 SACSA AFL Football
Tue 21	Year 10 Day Walk
Tue 21	Year 6/7 SACSA AFL Football
Tue 21	Book Week Book Fair
Tue 21	Weekly Girls 8&9 Netball & Senior Boys Basketball
Wed 22	SACSA 8/9 Football
Wed 22	Year 7s Poetry in Action
Wed 22	Book Week Book Fair
Wed 22	PS Book Week Parade, 9am
Wed 22	Year 6 Excursion
Thu 23	SACSA Open Boys Football
Thu 23	Year 12 English Lit Trial Exam
Thu 23	Book Week Book Fair
Fri 24	PS Grandparents Day, 8:45am - 10:45am
Week 6	AUGUST
Mon 27	Year 4 Excursion
Tue 28	High School Tours
Tue 28	Weekly Girls 8&9 Netball & Senior Boys Basketball
Wed 29	Primary School Tours
Wed 29	Year 12 Health First Aid Training



TO THE PRIMARY SCHOOL ASSEMBLY

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The Lorax was a special guest at the Primary School Assembly last week.



NEWS AND NOTICES

Term 3 Student Free Days

Please note that **Friday September 7** is our **Student Free Show Day**.

Grandparents Day

Our Primary School Grandparents Day event is next week on Friday August 24.

The day will begin with tea, coffee and biscuits from 8:45am in the undercover area adjacent to the Main Auditorium. This will be followed by class presentations, concluding with time in the classrooms until 10:45am.

Special parking provisions will be made available on the day, and all vehicles must enter from Navigator Drive.

School Tours Parking Week 6

Please be aware that School Tours will be held in Week 6, for prospective parents. This will impact the morning drop-off/parking on **Tuesday August 28** and **Wednesday August 29**.

The Sports Centre carpark will be available for drop-off until **8:45am**, but will then be closed off and used for School Tour parking during the morning.

CedarNews in your Inbox

Starting this term, parents/caregivers will receive a brief fortnightly email (via your preferred email address) **with a link to the latest newsletter**. If you do not wish to receive the CedarNews email, you can simply unsubscribe from the list using the link shown in the email.

TERM DATES 2018/2019

Term 3, 2018 - Tue 24 July - Fri 28 Sept

Term 4, 2018 - Tue 16 Oct - Wed 12 Dec

Term 1, 2019 - Wed 30 Jan - Fri 12 April

Term 2, 2019 - Tue 30 April - Fri 28 June

(Please note: We will continue to have a 3 week break between Terms 2 & 3)

UNIFORM SHOP

Regular opening hours during Term:

Monday 8:30am - 4:30pm

Wednesday 3pm - 5:30pm

Thursday Extended Opening Hours:

TERM 1 - Weeks 1-6, 3pm - 5.30pm

TERM 2 - Weeks 1-3, 3pm - 5.30pm

TERM 4 - Weeks 1-3, 3pm - 5.30pm

Online @ www.cedarcollege.sa.edu.au/news




FUSION @ Cedar
Dinner
A 5-course Dinner presented by the Senior School Food & Hospitality & VET students

WEDNESDAY SEPT. 19
FROM 6:30PM
Individual tickets \$30, or tables of 6 available.

Tickets via the Cedar website
or www.trybooking.com/XODG

Cash sales via the High School Office

FROM THE BUSINESS MANAGER

Family Ambulance Cover



Dear school families,
As part of the fantastic job that our school nurses do in looking after the students here at Cedar College, should they deem it necessary, the default position is to call an ambulance to attend to your child.

While in the past SA Ambulance has offered a bulk subscription for schools, **this no longer applies** and the school's general insurance does not cover suburban Adelaide ambulance call-outs.

In light of this we would encourage you to check that your private health insurance has ambulance cover, or contact SA Ambulance to inquire about a family subscription.

Mr Jeff Thorpe, Business Manager

FAMILY MATTERS SERIES - Presented by the Cedar College professional learning teams

Teenagers and Gaming: *How both parents and teens can be winners!*

Why are teenagers so compelled to play computer games? How can parents guide their child to make smart choices about finding a balance in life with gaming and other activities?

Some reasons teenagers love playing computer games are: It's fun and rewarding. Playing games is an escape and when teens are distressed, switching on a game allows them to forget all about what is troubling them. Social inclusion - being the only one who doesn't play can lead to ostracism. Teenagers often play games when they have "nothing else to do".

However, playing computer games can also provide negative consequences such as: A preoccupation or obsession with games; Withdrawal symptoms when not playing games; A failure to stop or curb playing Internet games; A loss of interest in other life activities and hobbies; Lying to others about his or her game usage; A failure to develop and maintain healthy peer relationships.

Should we get rid of games?

While research shows that a moderate amount of gaming is positively correlated with wellbeing, games do not make our teens "happy", or live well-balanced lives. So it's up to

parents to actively monitor their child's game usage and, where necessary, restrict it.

First, talk it through. Be calm – and don't have the conversation while they're halfway through a level or a mission. Second, work out why it means so much to them. Third, problem-solve together, rather than simply exerting control.

The following ideas may be helpful: Agree ahead of time how long is suitable for games

and what time games will finish at night. Work out together a strategy for getting your teen to switch off when asked.

Keep games out of bedrooms and in public areas. Decide on a method that could act as a 15 minute warning that the gaming needs to stop. This could be a text message or the oven timer. Agree ahead of time what the consequences of

refusal to get off the game will be. Agree ahead of time that schoolwork and other priorities will be completed before gaming.

You will note that this approach requires pro-activity, and active parenting.

Consistent, calm conversations with our children at the right time and in the right place – not in the heat of battle, are how parents and their children can both be winners.

Adapted from an article by Dr Justin Coulson www.justinoulson.com/about-justin/



SPORTS NEWS

**Year 8/9 SACS Boys Basketball**

The Year 8/9 boys finished runners-up, narrowly missing out on top spot. The team were undefeated leading through to the Grand Final. They will continue to compete together within the North East Vista Zone - Weekly Competition in Term 4 with coach Mr Clisby.

Soccer & Netball

In Term 4 we will be launching some after school sport programs, with the return of Grasshopper Soccer plus the new Taught & Bowled Netball. Both sports are mixed, non-competitive, and aim at developing motor skills and fitness.

Grasshopper Soccer

Starts Wednesday
October 17th on the
Cedar College Oval,
3:30pm - 4:30pm



Ages: 5 - 8 (R-3) boys and girls
Cost: \$80 (7 week program)

For more information contact our Sports Administrator, Mr Josh Fernihough or www.grasshoppersoccer.com.au/cedar

Taught and Bowled Netball

Starts Tuesday October 16th
in the Cedar College Sports
Centre, from 3:30pm - 4:15pm
Ages: 5 - 7 (R-2) boys and girls
Cost: \$65 (7 week program)



For more information contact Mr Fernihough www.taughtandbowled.com.au/netball-coaching/cedar-college/

PRIMARY SCHOOL ASSEMBLY

The Primary School Assembly is held on Thursdays at 12:35pm. Parents/caregivers are welcome to attend.

Assemblies for Term 3, 2018

Wk 6: Year 1 **Wk 10:** Reception
Wk 8: Year 3

Odd numbered weeks are Chapel Services, parents/caregivers are welcome to attend.

NEWS FROM THE PRIMARY SCHOOL

Picture Perfect for Book Week

Students have been working hard to create some amazing Book Week art, both in the Library and in their classrooms.



The Primary School students gather inspiration from a range of authors and illustrators in the lead up to Book Week, to produce artwork that complements their reading. Make sure you check out all of the beautiful artwork on display up in the Library next week.

The Book Fair will also be located in the Library Theatre Room during Book Week on **Tuesday 21st August** during recess and lunch, and after school, and on **Wednesday 22nd August** and **Thursday 23rd August** before school, during recess and lunch, and after school.

I hope your costumes are coming together for our Book Week Parade next Wednesday at 9am in the Auditorium. It's always a lot of fun!

Mrs Clare Wright, Primary School Teacher

ICAS - Digital Technologies

ICAS is an independent, skills-based assessment program which recognises and rewards student achievement.



The annual ICAS Digital Technologies competition assesses skills and knowledge in areas such as Digital Systems (hardware and software), operating systems, cloud computing and data representation; basic and advanced operations and formatting in word processing; use of search engines, email, web design, social media and online collaborative projects; ethical protocols; and programming principles and concepts.

With 21 Primary School students undertaking the competition, it was pleasing to receive **6 Credits, 2 Distinctions and 1 High Distinction**. As well as Digital Technologies, Cedar College enters students in ICAS Science, English, Maths, Spelling and Writing assessments, where they compete against over 6,300 school in Australia and New Zealand annually.

HIGH SCHOOL EVENTS

Year 10 Bushwalk Day

Tuesday August 21

Year 10 Bushwalk Camp

September 5 - 7

Student Free Show Day

Friday September 7

Fusion Dinner

Wednesday September 19

- tickets available for purchase online

Last day of Term 3

Friday September 28, HS finish 3:20pm

First day of Term 4

Tuesday October 16, HS starts 8:30am

NEWS FROM THE HIGH SCHOOL

Realities of Living in The Village

On Friday, Compassion Australia visited Cedar College to run "The Village" with the Year 9-11 students. It was a fast paced, interactive game where students experienced the harsh realities of living with less.



Students were challenged to make decisions about what they do with the little money they were given in order to survive. Students were able to gain more understanding about the lives our sponsor children live, along with many others around the world.

"We really enjoyed it. We liked how we could see the reality of life and how families live in third world countries - and we also liked that we won!" Nichole, Paige and Isabella - Year 9

"I really enjoyed The Village, because it showed me how people in third world countries live. Now I appreciate things more than I did." Heavenli - Year 9

Miss Kerry Spriggs, Year 7 Co-ordinator

Helping the Homeless Together

The Year 11 Health class went on an excursion to Baptist Care (West) SA, as part of the 2018 National Homelessness Week "Ending Homelessness Together" campaign.



As part of the Year 11 Health curriculum, the students were exposed to people experiencing homelessness and were educated about homelessness from a person who used to be homeless.

They learnt about what causes homelessness and donated two full tubs, and a bag, of goods to the centre, with some donations provided by Year 7s and Year 9s. Donations included: toiletries (toothbrushes, toothpastes, shampoo, and deodorant), underwear and socks, canned foods (with ring pulls), noodles, spaghetti, boxes of cereal and packets of biscuits.

As part of our time at Baptist Care, facilitated by Craig McGlone, we learnt about homelessness through participating in a quiz, having a look around the centre, watching part of a documentary, visiting their art gallery "Fly Birdy Fly", and going on an "Urban Walk" - looking at places where the homeless might sleep. It was an informative excursion with all students fully engaged. A comment from one student was: *"It was inspiring to hear Stewart share his story with us, it allowed the class to understand the effects that homelessness can have on a person."*

Mrs Melissa Rogers, Year 11 Health Teacher

An Industrial Revolution

This term, in Humanities, the Year 9s are investigating some accomplishments of the Industrial Revolution, which took place from 1750-1920.

Although there were many revolutions around this time, we have focused on the British Revolution, which many referred to as the "Workshop of the World", due to the rapid industrialisation of Britain.



Many items and technologies that we use today and take for granted, were actually invented during the 18th-20th Century. With the help of Mr Reg Thompson and some willing participants (child workers), we created a simulation of a child-labour factory workplace and, as a class, made observations. We made the students work in the dark, work with background industrial noises, made them use equipment that was unreliable, paid them minimum wages, and gave them unrealistic deadlines to fold, cut and put together some artistic textiles. Mr Thompson played the role of a factory manager, who treated the labourers unfairly and cruelly.

All in all it was an eye opening simulation that helped us realise and appreciate what we have today, and recognise how far we've come with law, policy, safety and equality in the workplace.

Mr Andrew Mooney and the 9E Class